PRAYING THE GOSPELS
John 21:12-19

In this time of meditation and prayer the idea is to imagine yourself on the beach with Jesus where he has prepared breakfast for his friends. Use this sheet (or your notebook) to journal your responses.

1. First read through John 21:4-19 to familiarise yourself with the story. (This encounter occurs after Jesus has been raised from the dead and has appeared to his disciples twice already).

2. Now take the time to enter into the story, using your imagination. Imagine that you are among this group of Jesus' friends (after all, you *are* one of his friends!) that receives this invitation: "Come and have breakfast" (v12). Here at Orama it is easy to imagine the scene - on the beach, a fire going, some bread and fish cooking. What are the sights, the sounds, the smells, the feel of the beach under your feet?

   What are the feelings among your group, as you accept Jesus' invitation to "Come …"?

   How does it feel for you to be here, counted among Jesus' friends, invited to breakfast with him?

3. Jesus comes to you, and moves around the group, offering each person the bread and the fish. (If you don't eat fish, or you can't eat bread, imagine some other breakfast that you would like!)

   Perhaps this reminds you of that Last Supper with him, when it was bread and wine that he offered?

4. For the rest of this meditation, journal the experience, as if you were looking back on it at the end of the day … move through the passage slowly, starting at v12. Write in the first person, and when it comes to the time after breakfast, allow yourself to be in the place of Peter, as Jesus has a private conversation with you, asking the same questions he asked of Peter. Each time Jesus asks,

   "*<Your name>, do you love me …?"*

   write your honest response. This is between you and Jesus. It is not for sharing with others. Write what comes from your heart. After the questions, Jesus has a commission for Peter, *"Feed my sheep".* What do you sense Jesus says to *you*? What is his call on *your* life?

   Start your journalling with something like, and then just let it flow …

Today I had breakfast with Jesus on the beach …